

Your first visit to the Orthodontist

You have an appointment to visit the Orthodontic Centre because your dentist had referred you for a consultation, or you have referred yourself.

* What to expect?

During the visit a you may be asked to complete a form relating to your personal details and your medical health. A qualified member of staff will look at the position of your teeth, smile, and facial appearance. Photographs and x-rays may either be taken at this appointment or otherwise, scheduled for a second visit.

* You will be informed:

1. How your teeth are different from what is considered to be an ideal set of teeth.
2. Whether treatment will benefit you, and the best timing for it to begin.
3. The different treatment techniques possible.
4. The duration of treatment.
5. Any cost that may be involved.

* NHS patients

- Your teeth will be examined to determine the Index of Orthodontic Treatment Need (IOTN).
- You will be told if the position of your teeth is severe enough for NHS treatment.

* Anxious patients

Please let our receptionist know in advance if you are anxious, as we wish to make your visit a pleasant one. The visit involves mostly recording information and discussing the position of your teeth. It will give you the opportunity to meet our staff and familiarise yourself with the clinic.

* Chaperone

During your visit we will make sure there is an additional member of our team present in the room. The chaperone is there to assist the clinician and provide support for you during your visit.

* Disability, Special needs, or need an Interpreter?

Please let us know prior to your visit, so we can do our best to accomodate your needs.

* Preparing for your visit

Please allow yourself plenty of time to find us to arrive for your appointment on time.

Information is available on our website www.ortho-centre.co.uk as well as the practice leaflet.

* Our receptionist will do her best to assist with directions if you call her prior to your scheduled visit.

Please brush your teeth before your visit or bring a toothbrush along and brush them in our bathroom.

* Parental responsibility

Children and young people must be accompanied by an adult carer at all times. As our staff are not registered child minders they are unable to look after young children whilst their carer is having treatment.



We look forward to seeing you soon